



SOCCER/BOCCE

Unified & Traditional Bocce & Soccer

Starting Date:	July 18, 2022
8-Week Training Period:	July 18 - September 16
Training School Target Dates:	July 5 – August 5
Area Tournaments:	July 30 – August 7
District Tournaments:	August 13 - August 21
Entry Deadline:	August 31
State Tournament: GRAND FORKS	September 17-18, 2022

BOWLING*

Starting Date:	September 5
8-Week Training Period:	September 5 – November 4
Training School Target Dates:	August 22 – September 18
Area Tournaments:	September 24 – October 16
Entry Deadline:	October 19
State Tournament: MANDAN & GRAND FORKS	November 6, 2022

15 games must be bowled for an athlete to qualify for the State Bowling Tournament.

WINTER GAMES

Alpine Skiing, Cross Country Skiing, Snowshoe

Starting Date:	November 28, 2022
8 Week Training Period:	November 28 -- January 12
Training School Target Dates:	November 7 – December 9
Area Games	December 10 – January 8
Entry Deadline:	January 11
State Games: BOTTINEAU	January 20 – 21

BASKETBALL

Starting Date:	January 2, 2023
8- Week Training Period	January 2 – February 23
Training School Target Dates	December 19 – January 15
Area Tournaments	January 14 – January 22
District Tournaments	January 28 – February 5
Entry Deadline	February 8
State Tournament: MINOT	TBD

SUMMER GAMES

Powerlifting, Unified Volleyball, Swimming, Bocce, Flag Football, Track & Field

Starting Date:	March 27
8 – Week Training Period	March 27 – June 3
Training School Target Dates	March 13 – April 9
Area Games	April 15 – April 23
District Games	April 29 – May 14
Entry Deadline	May 17
State Tournament: FARGO	June TBD, 2023