

Name: \_\_\_\_\_

City: \_\_\_\_\_

Date: \_\_\_\_\_

## Special Olympics Exercise

1. Who is eligible to participate in Special Olympics?

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2. What five unique aspects differentiate Special Olympics from other sports organizations?

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3. What program does Special Olympics offer to athletes with the most severe levels of disability?

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4. List two unique characteristics of people with intellectual disabilities (mental retardation)/developmental disabilities that affect how they learn sports and require coaches to modify their instruction?

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5. What is the minimum amount of time (weeks/hours) required within a sport season that Special Olympics athlete needs to train and compete?

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6. Does Special Olympics stress the recreational or competition approach to sports?

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7. Name one way Special Olympics competition differs from other sports competitions.

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8. When more athletes/teams qualify to advance than can be accommodated at a competition, what method is used to choose athletes and teams to compete in higher levels of Special Olympics competition?

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9. What is Special Olympics Unified Sports®?

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10. List three opportunities available to individuals who want to be involved with Special Olympics as non-competitors?

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11. List the steps you take if you suspect an athlete is being abused or neglected.

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